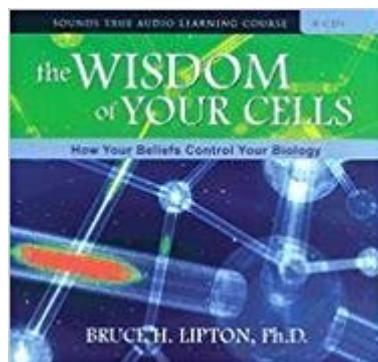


The book was found

The Wisdom Of Your Cells: How Your Beliefs Control Your Biology



Synopsis

When was the last time that learning about a scientific breakthrough left you feeling invigorated, optimistic and empowered to take charge of your life? In the tradition of Carl Sagan, Rachel Carson and Stephen Hawking, a new voice has emerged with the unique gift of translating cutting edge science into clear, accessible language-Dr. Bruce Lipton. With *The Wisdom of Your Cells*, this internationally recognized authority on cellular biology takes listeners on an in-depth exploration into the microscopic world, where new discoveries and research are revolutionizing the way we understand life, evolution, and consciousness. On this full-length audio course, Dr. Lipton shares his lucid and startling insights about the building blocks of life, and how each one of our cells has far greater innate intelligence than we once believed.

Book Information

Audio CD

Publisher: Sounds True, Incorporated (September 1, 2006)

Language: English

ISBN-10: 1591795222

ISBN-13: 978-1591795223

Product Dimensions: 6.6 x 1.2 x 6.9 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 58 customer reviews

Best Sellers Rank: #608,711 in Books (See Top 100 in Books) #155 in Books > Books on CD > Reference #271 in Books > Medical Books > Basic Sciences > Cell Biology #480 in Books > Books on CD > Nonfiction

Customer Reviews

Bruce Lipton, Ph.D. of San Francisco, California, is an internationally recognized cellular biologist whose breakthrough research on the cell membrane in 1977 made him a pioneer in the new science of epigenetics. He is author of *The Biology of Belief* (Mountain of Love, 2005).

This is the only lesson you'll ever need on quantum physics and cellular biology. Lipton's love of teaching, his enthusiastic speaking style, and his practical grasp of biophysics make this audio highly accessible. He says that cell membranes are like TV receivers, picking up energy from our thoughts, from other people, and from the universe. Thinking about living organisms in terms of matter or mere heredity overlooks the web of energy that links everyone and everything in the

tangible world. Lipton says that genes change according to the signals they "read" from the environment in continuous feedback loops. This phenomenon and our unique capacity for awareness could delay the sixth great human extinction and further our evolutionary ascension.

T.W. Winner of AudioFile Earphones Award Â© AudioFile 2007, Portland, Maine-- Copyright Â© AudioFile, Portland, Maine

Take you on a journey from the obvious to the not so obvious, from the large to the small. From the smallest living thing on earth we learn the secrets of how to live life and live it to the fullest. It is not a matter of survival of the "fittest" but of the "fittingest". Listen to one of the most intelligent and creatively entertaining former med school professors bring to life that which would have otherwise bored the common man/student to death.

Bruce Lipton is a master. The world is a better place because of him.

This CD set arrived when I expected, in perfect condition. Bruce Lipton is the perfect reader of his own innovative work exploring the way cells take in and process environmental information, and then activate the cell functions accordingly. It looks like (on a cellular level) environment is more important than genetics, which then frees us to change our physical and psychological conditions by changing those environmental conditions and how we respond to them.

This should be a college class. The author is a college prof. who must think those who listen to these disks have a college level interest. I was hoping for more suggestions on how to use the information for a better "life". Haven't finished all the disks yet, so perhaps there is more to come, but it is MANY hours of way more information than I need about cell make-up and so far not enough about what to do with that info.

Packed to the rafters with cutting edge science that transcends dogma, Bruce Lipton brings it together to reveal what so many of us have known all along: that no one is independent of the whole, each member of the human race being an indivisible part of a Super-organism. Each time I listened to the set of eight CDs I loved it more and more.

One of the very best lectures from Bruce Lipton. I love his insight, depth of knowledge and enthusiasm. I strongly recommend for anyone interested in "what" they are and how we evolve as a

result of our environment.

These CD's have changed my whole way of thinking. I believe the evidence that Dr Bruce Lipton has researched over forty years is amazing and it should be taught to every child at school.

Love this set of CD's. Good update and learning experience to know that genetics is not the only destiny---you can give yourself an edge by lifestyle choices.

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